Following on from their critically acclaimed albums of ‘Mariners Way’ & ‘Northern Lights’ FMR CD, Susie Hodder-Williams (flute/alto flute) & Chris Caldwell (sop/alto sax & bass clarinet) join forces with the percussionist, experimental jazz drummer and contemporary music label owner (FMR Records) Trevor Taylor for the musical exploration of ‘The Sound Within’ FMR CD.

If ‘Mariners Way’ evoked the mythical journey of the ancient mariner across the moors of SW England, the ‘Sound Within’ journeys to a place which is within all of us, totally familiar yet often overlooked, a place where ‘insights’ are created.

This is were the formless becomes form through the process of being ‘in the moment’, the three musicians weave an improvisational tapestry responding to what’s happening around them. Their individual thoughts creating their feelings and responses both through the texture, length and quality of the note they produce including the often overlooked ‘power’ of being totally still.

The 8 collective free improvisations here evoke a broad wash ‘landscape’ effect, through the freedom of improvisation a ‘form’ is created. Is this the true nature of all of creativity, out of randomness comes the beauty of form? Or is this the result and uniqueness of the individual human mind?

Why is it that one person hears chaos and another infinite opportunity? From what at first appears random and disorganised striking forms (through insights and new realisations) evolve, the music hasn’t changed but only the personal thought process.

These questions have been the questions of humankind for centuries, the answers lie beyond the consensus thinking of the ‘known’, it’s often through nature, art and music this ‘innate knowing’ (feeling) is touched.

The musicians here came along with an openness of not being tied to any formalised agendas or attachment to outcomes, through this they touch the beauty of being truly free, a place where Universal mind, personal thought and consciousness exist together in ‘perfect harmony’.

Susie Hodder-Williams - flute/alto flute  Chris Caldwell - Sop/alto sax & bass clarinet  Trevor Taylor - percussion/drums